



CTF CONNECTION

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What's On Tap?



For this issue, you will see most of our "normal" content, such as our Cross-Country Canadian, Youth, Team Canada, International, and CTF News sections, as well as a new feature that has its debut this month. It is called "Just Your Average Joe / Jane".

The intent is to have an interview with an "average league bowler" and then publish that interview in the Connection. We hope to have one or two of these every issue if possible. As you know, the Connection frequently has in-depth interviews and profiles of some of our Team Canada members. But a large percentage of our Canadian tenpin league bowlers probably have trouble "relating" to these elite athletes. Therefore, we felt that learning and hearing about some of our average or typical league bowlers might be something that would "ring true" with a majority of our readers, and therefore be an enjoyable read for them.

Enjoy the issue!

Canada

THE **YEAR**
OF **SPORT**
2015



Manitoba News
Submitted by Dan Tereck

Stephanie Adams - Doing Manitoba Proud

Submitted by Stu Adams



Another U.S. College Bowling season has come and gone for William Penn University junior and Manitoba resident, **Stephanie Adams**, who competed in nine collegiate events. She would record eight top 25 and four top 10 finishes.

Her coach, Mark Van Wyk, believes Stephanie's best showing of the season was probably during the last and largest tournament of the year, the Hoosier Classic, in which 427 college women bowled. Stephanie lead the women's side for a short time, breaking the Lady Statesmen's single game record, bowling a 289 in game one, rolling past the previous single game record of 279. She finished the tournament in 7th, just two pins behind 6th. Overall, Stephanie, finished her third college season, placing 18th for all collegiate women bowlers competing in at least twenty games of Tier 1 Events, with a 200 average over 29 games.

She was both surprised and honoured to be chosen as a 2nd Team NAIA All-American for the 2015 - 2016 season.

As a member of the Lady Statesmen, they would finish most events in the middle of the pack. The team's best result was when they finished 1st in an 11 team event called the Tital Invitational, which was held in Neenah, Wisconsin back in November. The very young team held their own and look forward to moving up the ranks next season. The team has signed this year's Iowa State High School Champion and hope to sign a second place finisher from the Nebraska State High School Championships. Rumour has it that two more exceptional bowlers from Indiana Tech will also be joining the team next season.

As the women's bowling program continues to increase in size at William Penn University, Stephanie has been offered the opportunity to stay on after her final year to help coach during the 2017 - 2018 season. This offer includes a full one - year scholarship to obtain her masters, a place to stay while she attends school and a small monthly remuneration to help with other bills. At the moment, Stephanie is undecided, but will use her final, senior year, to help her make any future decision(s) when it comes to bowling.

Finally, Stephanie would like to mention how well all the Canadian bowlers are doing at the collegiate level. She enjoys meeting and chatting with everyone at each of the events. She also knows how hard they work to better themselves, their teams and the sport of bowling. Thanks to family, friends, coaches, teammates, competitors and sponsors for providing us with this once in a lifetime opportunity.

And From College News...

Adams Breaks Single-Game Record in Regular Season Finale

Women's Bowling - Mon, Feb. 22, 2016 To see the complete results, [Results](#)

Canada





Indianapolis, Ind.--Stephanie Adams (Jr., Souris, Manitoba, Business Management) had one of the best performances of her collegiate career as the Statesmen women's bowling squad wrapped up the regular slate at the Backhaul Direct Hoosier Classic Saturday and Sunday.

William Penn placed 24th out of 66 teams with 8,056 pins in nine regular games. Wichita State (Kan.) led qualifying with 9,257 pins and then took the bracket title with a 4-2 win over #3 seed Newman (Kan.) in the finals.

Katelyn Simpson of Pikeville (Ky.) was first in qualifying with a 218.4 average.

WPU, which is 53rd in the latest collegebowling.com rankings, will now wait to see where it is placed for the xBowling Intercollegiate Team Sectionals on March 12-13.

Adams finished seventh in the Tier 1 event with a 205.6 average. The junior highlighted her weekend with a single-game school record of 289, breaking the old mark of 279.

MacKenzie Boyd (Jr., Knoxville, Iowa, Human Services/Sociology) also started all nine games with a 187.3 average. **Montana Pence** (Sr., Stronghurst, Ill., Elementary Education) was next with a 164.1 clip in seven starts.

A quartet of rollers competed in five games as well, led by **Briell Newberry** (So., Holland, Mich., Secondary Education) with an average of 175.0. **Amber Ovel** (Fr., Waterloo, Iowa, Business Management) (172.8), **Cybil Lennie** (So., Ottumwa, Iowa, Undecided) (168.6), and **Audra Farley** (So., Cedar Rapids, Iowa, Education) (157.8) joined Newberry with five starts at the Classic.

The Mabuhay League - Youth Program Donation



The Mabuhay League, operating out of Laverendrye Lanes, showed their commitment to bowling - specifically youth bowling.

They graciously took a portion of their league fundraising monies and on March 19th donated it to the Manitoba Bowling Association, to be put towards their youth programs. Pictured above is **Elaine Yamron**, the Executive

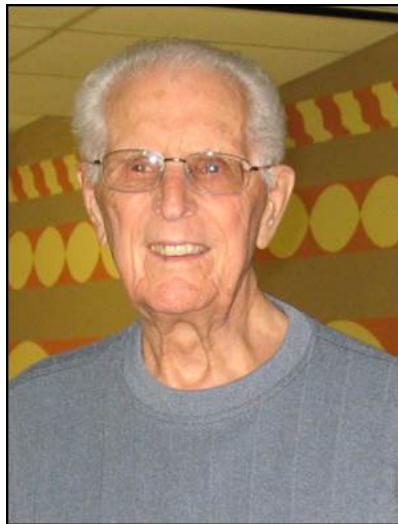


Director of the MBA, receiving the donation from the League President, **Dr. Lydia Lucman** (on the left), and the League Secretary, **Edna Agapito** (on the right).

An appreciative Yamron says "This was an unexpected, but very welcome surprise. It is wonderful that an adult league feels it is important to help youth bowlers in Manitoba".

What a fabulous and thoughtful show of support to our sport.
Kudos to the Mabuhay League!

95 Years Young and Still Rolling - John Pelletier



On February 22, 2016, in the Laverendrye #1 Monday night league, **John Pelletier**, 95 years young, and on his first night back after being away from the sport for 8 months due to some health issues, bowled a 219 game, and 536 3-game series. He is bowling in the league with his daughter, Lynne Valde.

John began bowling in 1946 (when he got out of the Army) in the Winnipeg Senior Men's League and the Cercle O League, and has continued bowling for those 70 years. Approximately 20 years ago, John was forced to switch from his natural right-handed style, to left-handed. And to his credit, he made that difficult transition successfully, eventually working up to a 175 average. Who says you can't teach an old dog new tricks? <grin>

Keep on Rolling John! You certainly are our "Poster Boy" for
"Tenpin Bowling - A Lifetime Sport"!



Ethan Cook - It was His Day !



On Feb 28th, at the YBC Provincial Doubles event held at Thunderbird Lanes in Brandon, **Ethan Cook**, of Academy Lanes West had one of those days bowlers dream of.

Ethan, a 139 average bowler, shot a personal best 288 game and averaged 239 for his four games.

After months of extra practices and hard work with his coaches, Ethan's game came together for one fun day. In his final game, Ethan had 9 strikes in a row and showed great composure in the 10th frame, even with all his fellow bowlers watching.

Great job Ethan! Hard work and determination does pay off!



Bowling - A Sport for Life, and for Families

by Rodell Bautista

Editor's Note: Rodell Bautista took the time to put a "rant" (his word, not mine) on Facebook. I was so impressed with it that I asked if we could publish it in the CTF Connection. Rodell graciously said yes, so here it is...



Three Generations: **Rudy and Met Bautista, Rodell Bautista** (their son), and **Nikaya Bautista** (his daughter)

Went bowling with my parents, my sister and my daughter the other day. My nephew Matteo, who is 4, bowled too. My brother-in-law Michael Angelo Florendo also strapped it on and threw three games and even took video with his "run-up" camera angle.

It was awesome growing up in a bowling family. It was Wednesday nights at Northgate (until it closed) watching my parents bowl in a packed bowling centre in the Buffalo League, Saturday mornings bowling Junior League at Empress Lanes, and Friday and Sundays as well for Filipino Leagues at Empress.

My family has been bowling since 1980 - 36 years they have continued bowling. I took a couple of years off and my sister hasn't really bowled for years but we have always been bowlers. Even my sister Jeanette bowled. We actually won a gold medal together for doubles in 1988! There aren't too many sports that you can enjoy with your family like bowling. It's so socially interactive and such a great experience to have with your family.

On Thursday afternoon, 3 generations of Bautistas were bowling together. We were inspired to come together because my 11 year old, Nikaya Bautista, is now a two-time provincial champion and will be representing Manitoba in two National Championships in the next few months. Watching her win Provincials even inspired my sister, Gina Bautista Florendo, to lace up her bowling shoes again. Words cannot express how proud I am of her, but being with my family bowling the other day, I really can't say that I'm surprised. From my mom who is 72 years old to my nephew who is 4, bowling is very much ingrained in my family's psyche.

The sport of Bowling and yes, it is undeniably a sport, (just ask my physical education teacher sister how much of a sport it is), is a lifelong activity. It saddens me that it has lost a great deal of popularity over the last 15 years or so in this city. I've made a decision to give back to this game that gave me so many meaningful



memories and experiences when I was a youth bowler. As my daughter begins her junior bowling career I want to make sure this sport gets stronger, not just for her, but for my nephew and every child who wants to bowl. It's with the kids and with the generation coming up that we need to promote and grow this game. I will do my best to make that happen.

Sorry for the rant guys felt compelled to post as I was reflecting on the only sport that I continue to play and compete in 36 years later.

50 Years - Worth the Wait!



On Wednesday, April 19th, in the last week of the regular season of The Fifty-Niners bowling league, **Frank Hunt** reached one of the major milestones of tenpin bowling. He bowled an 800 three-game series - his first one!

For higher-average bowlers, this goal is always in the back of their minds. It is a coveted award that is not impossible to reach, but very difficult. Everything has to go right - very right!

On this night, things went right. Out of the gate with a 286, and then followed it up with a 266, and then, with the pressure on, bowled a great 255 game, for a total of 807. I was beside Frank when he got the second strike in the 10th frame that guaranteed the 800. He turned around with a big grin on his face and his arms up in the air and shouted "50 Years - I've been waiting for this for 50 years!".

We're glad that your time came Frank. Enjoy it! Congratulations!



Northern Ontario (YBC)
Submitted by Brian McLean

Cousins off to Nationals – Again



A couple of years ago, cousins **Tamara Craig** and **Aaron Craig** represented Northern Ontario at the National World Cup finals; they will now be representing Northern Ontario as the YBC senior division singles champions in Calgary in May.

Tamara dominated the Northern Ontario Youth Bowling Canada's Provincials at Mario's on Sunday with a 237.6 average for the five games, which included a 258 and 268 games in the senior girls division. Aaron topped the senior boys with a 216.4 average with his high game of 248 coming in the last game to secure his win by 28 pins. Bowlers from the Sault and Thunder Bay participated.

The defending senior girls' champion, **Haley Stolz**, received the silver medal averaging 206.2 while Mario's **Brittany Woolley** won the bronze. The Sault's **Nathan Woods** won the silver for the senior boys and the defending National YBC Champion, **Daniel George**, settled for the bronze this year, averaging 203.

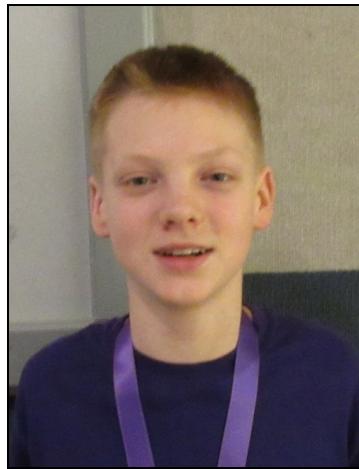


In the junior age division, Sault bowlers took two gold medals and a bronze. For the girls, the defending champion **Chasity King** won her gold by 8 pins over Mario's **Daytona Shaffer**, who opened in the ninth frame but was 8 pins better over her team mate, **Abbigail Gunsinger**, who took home the bronze. The junior boys defending champion, **Joshua Woolley** won the silver this year when **Aidan Bass** averaged 207 for the gold. Rounding out the junior boys Sault sweep was **Jordan Grondin**.

In the bantam division, bowlers, 11 and under in age, both defending champions, regained their respective titles. Mario's **Braedyn Woolley** won the gold with a 155 average, the only medal won by Mario's in the bantam division, and the Sault's **Ema Bowen's** 156 average secured the gold for her.

Four scoring records were broken this year. Tamara Craig's 1188 for the 5 games broke a 1117 record set in 2011 and her 268 broke a 25 year old record for a single, by 10 pins. Aaron's last game of 248 broke a 12 year record for the highest last game by 1 pin, set in 2004. Northcrest Lanes from the Sault took home 3 Golds and Mario's also won 3 Golds.

BANTAM GIRLS				
Ema	Bowen	NC	781	
Molly	Massicotte Finch	NC	634	
Miah	Duplassie	NC	603	
BANTAM BOYS				
Braedyn	Woolley	MB	776	
Matthew	Massicotte Finch	NC	748	
Michael	Charry	NC	748	
JUNIOR GIRLS				
Chasity	King	NC	802	
Daytona	Shaffer	MB	794	
Abbigail	Gunsinger	MB	788	
JUNIOR BOYS				
Aidan	Bass	NC	1035	
Joshua	Woolley	NC	927	
Jordan	Grondin	NC	832	
SENIOR GIRLS				
Tamara	Craig	MB	1188	
Haley	Stolz	NC	1031	
Brittany	Woolley	MB	904	
SENIOR BOYS				
Aaron	Craig	MB	1082	
Nathan	Woods	NC	1054	
Daniel	George	MB	1019	



Braedyn Woolley – Bantam Boys National Champion



Northern Ontario – CYC Qualifiers

Mario's Bowl Youth bowlers captured four of the eight Provincial Gold Medals at the 2016 Canadian Tenpin Federation's (CYC) Northern Ontario Provincial Championships in Sault Ste Marie on Sunday. **Aaron Craig** and **Tamara Craig** took home the seniors title while **Abbigail Gunsinger** took the Junior Gold and **Braedyn Woolley** the Bantam Gold.

Aaron Craig averaged 210.1 for the eight games and Tamara 189.3. Gunsinger's 169.1 and Woolley's 153.1 got their Golds around their necks. Aaron has medaled in four previous championships; 2008, 2012 and the last two tournaments.

There are four divisions in the CYC. The Bantams are 11 and under; the Juniors are 12 to 14, the Intermediate are 15 to 17 and the Seniors are 18 to 21. The Nationals will be held in St. Catharines, Ont. in June.

Teammates, **Daytona Schaffer** (Jr), **Mason Lagrange** (Int) and **Brittany Woolley** (Sr) took away the silvers. Winning bronze medals for Mario's were **Alex Jalava** (sr), **RJ Walford** (Int) **Dawson Baker** (Bt) and **Tyson Baxter** (Jr)

Congratulations to the rest of the Northern Ontario team from, Northcrest Lanes in Sault Ste Marie. Intermediates champions are **Steven Oliana** and **Ryleah Bell**, Junior **Aidan Bass** and the bantam **Ema Bowen**.





Submitted by Brian McLean
577-8691

Local Youth 10pinner to represent Canada 3rd Time



The Canadian Tenpin Federation has selected seventeen year old **Daniel George** to make his third International bowling appearance when he represents Canada in Florida in July. As a member of the Team Canada junior "A" team at the 54th Annual Tournament of the Americas. George will join **Dakota Faichnie** from Innisfil, **Karley Foster** from Kitchener and **Jakob Bowden** from Oshawa to make up the all Ontario junior team. Two years ago he represented Canada and won a doubles silver medal. Last year he won a silver and a bronze medal.

Teams from North, South and Central America, as well as the Caribbean will take to the lanes for a week of competition in singles, doubles and team events

The **Superior Collegiate and Vocational Institute** student, George has bowled in the youth tenpin program at Mario's Bowl for the past nine years. He was the 2015 YBC Senior Boys National Champion and was the 2013 YBC National Junior Boys Singles champion.

George is the only Thunder Bay male to make the Canadian youth team, three times, and the fourth youth tenpinner from Thunder Bay to make the team in the programs 37 years of operation.

Lori Edwards was the first, back in 1986, when she bowled in Caracas followed by **Piia Sorri Graham** in 1990 who travelled to Mexico. **Di Nakonechny** has made the most International appearances. The first was in 1996 at the Tournament of the Americas in Florida, where she won a silver medal in doubles. In 1997 she returned to Florida to participate at the American Zone Championships. The following year, in 1998, she travelled to Korea for the World Youth Championships. Her last trip was to Thailand in 2002, at the World Youth Championships again.



The Lee Evans Tournament of The Americas is the oldest yearly international tournament in the American Zone and was held for its first 42 years in Miami, Florida at the Cloverleaf Lanes, then moving on to Sawgrass Lanes in Sunrise, Florida for its 43rd year. When Sawgrass was destroyed during Hurricane Wilma, the tournament move for its 44th and 45th years to Don Carters Tamarac Lanes in Tamarac, Florida, just north of the Sawgrass. In 2008, the tournament moved to Orlando, Florida and returned to the Greater Fort Lauderdale area in 2011.

The Mario's Youth Tenpin program is a sanctioned bowling program with the Canadian Tenpin Federation and is divided into five age groups, namely, the PEEWEES who age up to 8 years old; BANTAMS are nine to eleven; JUNIORS are 12 to 14; INTERMEDIATES are 15, 16 and 17 and the SENIORS who are 18 to 21 year olds. The program also has membership in Youth Bowling Canada (YBC). Co-ed Teams are made up with bowlers within their own age division. The instructional and fun program is for boys and girls between the ages of 6 and 21 with NCCP certified coaches. The program runs every Saturday afternoon at Mario's Bowl starting in September at 1:00.

Hill Captures Northern Ontario 2016 Open



After 10 games of qualifying and 12 games of matchplay and another 4 games of stepladder competition, Mario's **Andrew Hill** captured the 5th Annual Northern Open at Mario's on April 10th. Hill was sitting 7th after qualifying, moved up to 6th in the position round and beat **Mike Makela** for the 20 bonus pins to earn the 5th place in the stepladder.

Thirty one bowlers played ten grueling games of qualifying on Saturday. Thunder Bay kegler **Mike Makela** came out on top averaging 224.7. His high game of 276 came in game four. USBC Hall of Famers **Sam Lantto** from Edan Prairie Minnesota was 50 pins behind followed by **Todd Savoy** from Superior Wisconsin a further 30 pins back. Todd's son **Ryan Savoy** was fourth and Thunder Bay's youth bowler **Aaron Craig** was fifth. Craig is the current Northern Ontario Provincial Champion for the YBC and CTF. Lantto rolled the high game of 290 in game 9. Makela currently holds the city's high series record with a 855 triple. He also has a pair of 299 games, a 298 game and a 300.



Thunder Bay bowlers rounding out the top 12 who advance to the Matchplay round, were **Andrew Hill**, 7th, **Brian LeBlanc**, 9th, **Ken Martyn** 10th and **James Shperuk** in 11th. After the position round, Lantto was first, Savoy was second followed by **Ken Martyn**, **Kevin Higgins** (Wpg) and Hill.

In the stepladder finals, Hill defeated Higgins 190 to 134 setting up the next match against Martyn. Hill won 215 to 208 when Martyn missed a 3 pin spare in the 9th frame. In the semifinals, it was back and forth between Hill and Savoy. Savoy missed a 10 pin in frame 2 and had a 4-10 split in the 8th to give the win to Hill, 199-198. In the championship final match, Lantto missed a 7 pin in the 8th and Hill took advantage by striking out for a 245 to 207 win and his first Northern Ontario Open Title.

Sam Lantto from Eden Prairie Minnesota was the second member of his accomplished USBC Open Championships team to enter the USBC Hall of Fame in 2015. He joins **Todd Savoy**, who was enshrined in 2005. In 31 years on the Open Championships lanes, Lantto has earned 11 top-10 finishes and been a familiar name on the event's 10-, 15-, 20-year and lifetime average lists, with a current career mark of more than 216. He has two titles to his credit, Team All-Events in 2002 and 2006. As a three-time member of Team USA (1993, 1994 and 2003), Lantto collected nearly a dozen medals in international competition, including team gold at the 1993 Pan American Bowling Confederation Championships and a silver medal in team at the World Tenpin Bowling Association World Championships in 2003. Lantto's continued success earned him spots in the Minneapolis Bowling (2004) and Minnesota State Bowling Association (2005) Halls of Fame.

Todd Savoy, Superior Wisconsin is one of bowling's most prolific team players, earning five team titles while averaging 214.2 for 22 USBC Open Championships, second among active players. He was a member of the Minnesota Loons teams that won the 1984 team and Team All-Events, 1985 Team All-Events and 1988 team titles. Bowling with Linds Lakers, he also won the 2002 Team All-Events title. His prowess as a team competitor carried over to international competition where he won gold medals in the five-player and trio events and a bronze in doubles in the 1985 Federation Internationale des Quilleurs American Zone Championships in Bogota, Colombia.

World Cup 2016 – Northern Ontario Walker, Hill Off to Nationals





It took the 2015 defending champion, **Nicole Walker**, two games to successfully defend her Northern Ontario World Cup Women's title and advance to her fifth World Cup Nationals. While the top mens qualifier, **Andrew Hill** won his title with only one game and will make his fourth National trip.

After eight games of qualifying, **Lyndzie Dawson-Guay** had rolled a 1761, an average of 220.1 for the top qualifier position. Walker's 1695 was second and had to roll another game against third place, **Amanda Chepesiuk's** 1517. Walker rolled a 211 to Chepesiuk's 168 setting up the championship match. Walker would have to beat Dawson-Guay twice for the title. In game one, Walker won 234 to 184. In the next, and title match, Walker defended her title 234 to 226.

Dawson-Guay won the Provincials in 2005, 2006 and 2012. Nicole Walker won the Northern Ontario in 2008, 2010, 2013 and in 2015.

On the men's side, Hill was the top qualifier averaging 237.3 (1898) and would have to wait for his opponent of the **Aaron Craig**, 1832 and **Mike Makela**, 1702 match. In the semis, Craig rolled a 243 to Makela's 227. In the championship match, Craig had to beat Hill twice, but in a close match, Hill threw a 216 to Craig's 209 for the title. Hill also won last weeks' Northern Ontario Open championships. Craig was the 2014 Northern Ontario World Cup Champion.

Local qualifiers also included James Shperuk, Curtis Laye, Daniel George, Joe Kolodziejczak, Chris Barbini, Ian Nakonechny, Stehane Larocque, Mitch Parker and Joey Nummelin . For the Ladies we have Kristy Johnson, Marjorie Gottfred. And the 2014 Provincial Champion, Tamara Craig. Bob Woolley of Sault Ste Marie, the defending men's champion, has participated in these Provincials thirteen times and won 5 times; 1982, 1990. 1991, 2000 and 2001 and won, twice as the National Champion.

High games of 278 were rolled by Dawson-Guay, Walker and Aaron Craig but the highest game was a 279 by Hill.

Hamilton News
Submitted by Jim Margueratt

Recently nine Hamilton bowlers rolled 11 strikes in a row but only a single 300 to report by **Brody Ostrosser**. After a brief wait because of a machine malfunction, **Lionel Lewis Jr.** left up a four pin for a 299 game. **Bill Cardwell** left up a pair of pins for a 298 with a 791 triple and **Brian DeFrancesco** had four pins standing for a 296 and 761. The other five finished with their 11 strikes in a row for 290 games. They were **Mick Anderer**, **Billy Craig**, 750 triple, **Ron Smith**, **Paul Gibson** 793 triple, and **Brianna Chrysler**. Gibson fired 20 strikes in a row as after the 11 in a row, he started the third game with the first nine.

There was another 300 game but it was in an unsanctioned tournament by **Mike Ellis** who has a pair of sanctioned 300's. Three weeks later he almost had his third at Skyway Lanes but a seven pin stood after the first 10 for a 289 & 734 triple. After seeing his average drop under 200, he has fired 665 & 658 along with the 734.

The best bowler in the Margueratt family, Edward, scored 659 (266), 624 (246) & 621. Brother Jim makes the news by leaving up two odd leaves, the 5 - 8 - 9 and 2 - 4 - 5 - 10 but at least he spared the 3 - 7 - 10. Other super singles are **Tim LaCroix** 278, **Tim Robertson** 277 for a 771 triple, **Dave Custéau** 268, **Aaron Bouchard** 265, **Ron Colling** 260 & **Derek Hannah** 255.



Former Association manager, **Steve Cowie** earned an C.T.F. Eleven in a Row award for a 279 in the City Tenpin League which is completing its 113th consecutive year of operation, the oldest in Canada and second oldest in North America.

With the season almost over, the perfect game total is 17 as a 300 by **Mark Ward** has just been reported. There has been seven 299's and four 800's with a 824 by **Travis Cauley** number one , a 809 by **Chris King** second & tied with 803's, **Michael Howard & Matthew Kennedy**.

The season will be capped by the C.T.F. National Championship - Canadian Team Trials - in May at Burlington Bowl. Hamilton's last remaining house with both five pins and ten pins, Bowlerama Stoney Creek, saw **Anthony DiBattista** score a 773 (267), **Corey Raymer** 702 (259) and after eight weeks off with an injury, **Ron Link**, 168 average, almost outscored wife **Val Ciach-Link**, 204 average, as Ron smashed a 672 & Val 698 (247).

One week after **Ho Chan** rolled a season high 679, he beat it with a 680. B.S.C. has witnessed perfect games in both five & ten pins.

Hamilton bowlers extend sympathy to the family of **Doug Imms** on his passing at age 59. He was the Ontario Provincial Association Manager & Web Master. He was also a neighbour as he lived only two blocks away.

HAMILTON TENPIN TRIVIA: What do you do after rolling 11 strikes in a row?

One local man dumped it in the channel for a 290 and another fouled, also for a 290.

In 1960 a Hamilton man bowling in St. Catharines, went for a five minute walk; and then proceeded to roll a lucky strike for a 300. He won luggage and milk for a year.

Three years later, **Harvey Bray** of St. Catharines fired a 300 in Hamilton and won a new car.

How do you advertise a new apartment building? When the three story Albertonian opened in 1927, the ad stated "each suite contains a large living & dining room, etc., and in the basement there is a fine four lane bowling alley."

Another ad said "Brunswick Bowling Alleys are being successfully installed in Apartment houses".

The four alleys lasted only a few years but the building is still in use today.

What do you do if you are bowling and a small fire breaks out nearby? You keep bowling of course. At Hamilton Centre Bowl in 1964, a small fire was observed, but since it was small and not close, why stop bowling. **Ed Buckingham** and friends did not. After Centre Bowl closed in 1968, it was a theatre, bingo hall, Canadian Tire store and the site is now occupied by a Wal Mart.



DOUG IMMS
Dec. 2, 1956 - March 17, 2016



Even though he had no children of his own in these programs, Doug devoted over 40 years of his life volunteering in youth tenpin bowling programs. He began as a coach and went on to being a program director at Burlington Bowl and then later at Classic Bowl.

His involvement in the youth programs included:

- Director of youth on Hamilton & District Board for 20 years
- Director of youth on Ontario provincial board for 25 years
- Tournament director of Joyce Woolgar family twosome tournament for 20 years
- Assistant director of Ivan Nelson tournament for 8 years
- Assistant director of Provincial championship tournament for 25 years
- Tournament director of Coke Tournament for 3 years
- Committee member of Youth National Championship tournament in 2005 and 2012
- Director on the Ontario Bowling Council for 8 years.
- He held various positions in the league that he bowled in at Burlington Bowl
- He held the position of Association Manager for Ontario Tenpin Bowling Federation from 2004 until the present time. In this position he held together all the associations of Ontario never tiring of his duties and accomplishing all to perfection.

He was the best friend and assistant that we ever had and we will miss him terribly.

These sentiments were expressed to me by John McLean and Jayne Picott at the time of Doug's passing. It was my privilege to stand up in front of a very crowded funeral home and say how much he was respected in the bowling community in Ontario. Some of the comments from his notice: one of the good guys; he will be missed but never forgotten; the man behind the scene and a loss to bowling in Ontario. I didn't know Doug as long as John and Jayne but he was the calmest person in the world and he could always see the other side of any discussion - that was a tremendous help with a provincial board of 20 women and men.

Doug contributed so much to all bowlers in Ontario for 40+ years and we all benefited from his knowledge and passion for our game. I will definitely miss him - he was my right hand person and sometimes I was his. RIP my friend.

Charlotte Konkle, President, OTBA

Canada





Windsor-Essex Chatham-Kent Bowling Association Submitted by Catherine Wilbur

Chatham-Kent Bowling Association



With bowlers getting older and bowlers tackling different knee injuries we thought we should share some of the different bowler's stories and how they worked through some of these knee injuries to continue bowling. As bowlers we just do not bowl, we golf, some play baseball, and we take on many other sports. As you get older you need to take care of yourself to prevent these leg injuries to continue bowling. We interacted with 3 bowlers all dealing with knee injuries to give you some different perspectives.

FIRST BOWLER Mike Ouellette, had a MCL sprain and some tears. Here is his detailed story explaining what he did to resolve the injury so that he could continue bowling.

In the late winter of 2013 as I approached my 69th birthday, I knew that I had hurt my left knee and perhaps I had done it reaching for my bowling ball in an unnatural way by putting too much pressure on it. I had sort of lost my balance, it twisted, and I knew immediately that something was wrong. An x-ray proved rather useless, and my family doctor suggested Tylenol arthritis pills. I demanded an MRI which confirmed my worst fears.

I had experienced an intermediate grade sprain of the MCL and tears of medial meniscus and medial patellofemoral joint. Additionally, there were degenerative changes. Simply I had damage to my left knee and as a conventional right handed bowler I was in "big" trouble! As a person who had played hockey until age 56, slo-pitch softball until I was 47, coached basketball for 32 years, and still bowled 2-3 times a week, I felt threatened. Bowling had always been the sport I knew I could play for the longest time!

I was referred to Dr. Stone, a surgeon who determined that arthroscopic surgery was the proper procedure. During this time, and well prior to my surgery, I saw a chiropractic doctor, Dr. Vagners, who was of immense help to me. Besides treating the MCL strain, he set me up with some exercises that prepared me for the post-surgery recovery period.

I purchased a supportive brace with steel inserts which allowed me to continue bowling, climb stairs, cut the lawn etc. until my surgery which was delayed several months due to a personal crisis in my surgeon's life.

I saw Dr. Vagners on a regular basis, he expanded the exercises, and monitored the healing of my MCL. The essence of his direction was to strengthen the muscles above and below the knee so as to take pressure off the knee itself.

After the surgery in early September of 2013, I was given more exercises which were intended to continue the strengthening process and this provided me with ways to maintain my flexibility. My follow-up with my surgeon was good, yet imposing. The tear was repaired; the knee was scraped as I also had osteoarthritis. The surgeon proclaimed that my next surgery would be a knee replacement. Not just yet I said to myself.

My exercise regimen became a composite of Dr. Vagners' preparatory list and a selection of others in a handout from the hospital. I continued to have ultrasound on my knee for about 4-5 months after surgery, at first 2-3 times a week and this gradually became an occasional treatment when I felt I needed it. Dr. Vagners always



checked the strength and sturdiness of my knee. The brace with the steel inserts was replaced with a very strong one without any fiberglass or steel sides. The following are my exercises:

Leg pull: While lying on my back, I place a bath towel around the arch of my left foot. I then pull my left leg toward my chest with the towel and I attempt to bring it as close as I can to my chest. I hold it there for a count of 12, and normally I do 10-12 reps. This works on the flexibility of the knee and hamstrings in particular.

Leg extension. In a sitting position I place the towel as above and straighten my leg out while pulling the towel toward me while keeping the leg extended. I use a count of 12 with 10-12 reps. This works on the quads and Achilles tendon.

Reach and touch. While sitting on a couch (or edge of a bed) with my right foot on the floor and my left leg extended on the couch I reach forward striving to touch my toes. I do 10-12 reps and it is especially good for the hamstrings.

Leg raises: Either sitting or lying on couch/bed I place a rolled towel under my knee and do 20-25 leg raises holding each one to a count of 12. This helps with flexibility of the knee and strengthens the quads too.

Foot press: Using the same positioning of the rolled towel as above, and lying on my back I press down on the couch with my foot to a count of 12 for 20 reps.

Leg roll overs: I lie on the floor and lift my leg out to extend it out as far as possible. I then move the leg inward and try to cross the other leg. I keep the active leg off the floor for the entire sequence. I do 12 reps with each leg. This helps the groin and hamstring muscles. Following this regimen I missed three weeks of competition.

For the first few months I did these exercises up to three times a day. Almost three years later I try to do them at least 4-5 times a week. I can tell when I've been not as diligent as I should be.

I was prescribed with an icing pail with a pouch. It worked wonders. Sometimes when I'm very active, I will still experience some swelling and the device comes in handy.

Besides the brace, I use a sliding sock on my left foot to prevent sticking on the lanes as I deliver my ball. I found that a sudden, unexpected stop is to be avoided. It hurts! What I've also learned is that with the right amount personal discipline, and with the help of others, like Dr. Vagners, it is possible to remain active, and to continue the things I enjoy especially bowling.

SECOND BOWLER Wayne Bertrand, a former knee replacement recipient from last season shared his story. He indicated ways you can rehab after a total knee replacement so you can go back to bowl after the surgery.

AFTER SURGERY

Rehabilitation is required. Why you should ask? To get maximum bend in your artificial knee (for sitting and standing and climbing), as well as getting a straight extension of your leg (to avoid a limp while walking).

Two simple exercises can be found on the following internet site. Please review this site for these exercises. Please make note that you **MUST** continue doing these exercises until you reached the goals your doctor or therapist have given you. Do not try and cut corners! There may be pain involved but do not give up!!!!

<https://www.youtube.com/watch?v=qnm7tuSZmI0>

Another good site to review can be found at

<http://www.healthline.com/health-slideshow/total-knee-replacement-surgery-exercises-after>



Again I do stress, to please make note that you **MUST** continue doing these exercises until you reached the goals your doctor or therapist have given you. Do not try and cut corners! There may be pain involved but do not give up!!!!

Am I now ready for Bowling?

Your doctor or therapist will tell when you are ready to attempt to go back to Bowling. Once he or she has given you the okay to proceed, ease yourself back into Bowling. Do not go gun ho for your first two weeks of bowling. If you continue to experience pain, stop and see your doctor or therapist.

What aids or apparatus can I use when Bowling?

- One of the apparatus you may want to consider is a knee brace, (to prevent damage to you knee). You may have one already or your doctor can recommend one for you.
- Knee Supporter, to help support your knee while you bowl. Many types are available
- Reduction in bowling ball weight. Go to a lighter ball if that will help you.
- Foot Slider on your sliding foot to prevent sticking on the approach, (causing damage to the knee). You can use a wool sock as a foot slider or purchase a slider from the pro shop at your bowling establishment.
- Plastic foot covers for your bowling shoes, to help prevent foreign objects from getting on the bottom of your bowling shoes while walking on the concourse. The foreign objects may cause you to stick or fall. These covers are available from your pro shop at your bowling establishment
- A reduction in body weight, to prevent extra workload on your knee.

The above ideas are just some of the things you can do to help you ease your way back into bowling.

THIRD BOWLER is the writer of this article - Catherine Wilbur. I was a long distance runner for 43 years (from age 8 to 51) and did triathlons for 8 years (age 44-51). Running eventually did all kinds of damage to my knees because I took very few days to rest knees between bowling, training runs and races. By age 51 the damage to the joints was too great. Had to give up running altogether and just swim and bowl. One very important lesson learned here is that you need to REST YOURSELF between sports and take the time to STRETCH BEFORE and AFTER doing any sport.

I am 58 years of age and was waiting a very long time (many years) for a total knee replacement for the right knee. I started this process at age 51 and just had my knee replacement surgery February 2016. Orthopedic surgeon told me to not expect to be back to bowling until probably November or December of 2016.

Instead of just giving up bowling all together I decided to wear braces on my legs to bowl. The orthopedic surgeon indicated that it would be a while before surgery so I would have to shorten my approach on the lane between steps to preserve the knee until surgery and braces would help. I ended up using just a third of the lane for my shortened approach.

The shortened approach and the braces worked for about 7 years to support the knee but as the one knee got weaker the braces were no longer helping. I still wanted to continue to bowl, the year of my scheduled surgery, but I had to change my bowling approach because I could no longer lift my legs to walk or slide without losing my balance. With the help of a sports therapist we designed a cross country ski sliding step to continue to bowl right up until the week of my surgery.



I went to the foul line then turned around to face the ball return. I did 4 small ski sliding steps that simulated the four step approach on the lanes to release the ball. I then added another foot forward in case I needed to add additional ski sliding steps for balance to release the ball. I did as many ski slide steps that I found necessary to the foul line to maintain my balance and release the ball. It took 6 weeks to master the new way of bowling. My average dropped about 23 pins but I still wanted to bowl.

Since the surgery the orthopedic surgeon has me continuing with the following exercises

Note: long belt mentioned below is similar to a seat belt from car but it is much longer (given to bowler from physio place)

- **Knee Range of Motion** Using a **slider board** with a long belt wrapped around your foot to pull your knee up and down slider board on the bed. Keep your knee cap and toes pointing up, slide your heel towards your buttocks. Hold 5 seconds then push the back of your knee down into the board/bed. The belt around the foot give you extra range of motion sooner. If you do not have the belt you can still do this exercise without the belt. You can also do this exercise right on the bed without the slider board if you no longer have a slider board.
- **Knee Range of Motion** Work out on an **exercise bike** – 10 minutes forward then 10 minutes backward then 5 minutes forward then 5 minutes backward. When you first start do just 10 minutes then slowly build up to 30 minutes.
- **Marching** Hold onto counter for support, raise your surgical leg up in front of you as high as you can and bring it back to the ground by straightening your knee and pushing through your heel. Alternate legs.
- **Heel Raises** Hold onto counter for support, stand upright and keep your knees straight. Go up onto your toes by tightening the muscles in your legs. Hold 5 seconds.
- **Mini Squats** Hold onto counter for support, keep feet slightly more than shoulder width apart and slightly turned outward. Slowly bend at hips and knees like you are sitting in a chair. Keep your feet flat on floor and pull knees apart, never let your knees pass your toes when bending. Then stand upright, tightening the muscles in your legs.
- **Partial or Full Step Up** Stand facing step with your gait aid (cane/crutch for support). Place your surgical leg on the step, and try to use your surgical leg to bring your non surgical leg up on the step. Go down with surgical leg first.
- **Build Up Core** Do Exercises to **tighten core muscles** like stomach and buttocks which in turn minimises stress on leg/knee.
- **Swelling** get yourself a polar ice machine to deal with swelling as it can be very helpful. Simple ice packs will work too.
- **Removing scar tissue** Adhesion release from MassageByHeather.com (youtube explanation – 9 minutes long)

<https://www.youtube.com/watch?v=1vMvAJYikxo>

Orthopedic surgeon indicated losing weight would help to preserve the new knee. Nurses indicated diets usually do not work so try portion control. It works better and you do not have to cut out food groups. Nurse recommended new portion control containers to help measure portions that have been advertised. If you want to bowl well into your old age, then you need to protect your legs. The more weight you carry the more stress you put on those knee and hip joints. As it turns out the portions control has been a success for me. I am hoping not to need my other knee operated on if the weight comes off.



I wish to thank each of these bowlers for sharing their stories. It is hoped that this article will help those bowlers out there dealing with injuries get back to bowling and hopefully prevent further injury so you can bowl well into your golden years.

Saskatchewan News

Saskatoon teen chases, and finds, perfection at the alley

March 9, 2016 7:05 am



It's Sunday night at Saskatoon's Fairhaven Bowl, and **Ace Vandenheuvel** can't stop his legs from shaking.

The ball feels awkward in his hands, and his thumping heart feels awkward in his chest. Bowlers abandon their games, gather behind his lane, because they want to witness this nervous 18-year-old kid roll the most important shot of his life.

It's at this moment that Ace learns what it is to be perfect.

"You're shaking so much," the teenaged 10-pin bowling enthusiast said this week, still a little stunned at his perfect 300 game on Sunday night. "It's unbelievable how you can even manage to control the ball and keep it in your hand, to get it off onto the lane. My legs were shaking. My arms were shaking. My entire body was vibrating. I was super nervous."



It's notoriously difficult to bowl a perfect game, which consists of 12 straight strikes over 10 frames. If you Google "bowling" and "perfect game", you'll find tales of triumph intersecting with stories of woe, like the poor fellow who needed two more strikes, but instead rolled a gutter ball.

Regulars around the alley remember two perfect 10-pin games there over the last decade or so, struck up by **TJ Bilan** and **Dwight Safroniuk**. There's been a few 299 games, too.

Buzz grew around the alley as Vandenheuvel found his line and scattered pins with ridiculous precision during a mixed league game.

"The first few, it's whatever — you throw a few (strikes) in a row, that happens," he says. "But once you start flying on past five or six, you start to realize 'okay, I'm still on a perfect game right now.' And you get to the eighth or the ninth, that's when it starts to hit you, a lot."

At first, fellow bowlers, working to topple their own pins on their own lanes, watched his progress from a distance. Their interest grew as minutes ticked past. By the time Vandenheuvel lined up his fateful 12th shot, willing his overloaded brain and body into a co-operative trust, bowlers had streamed to his lane. Patrons from the alley's restaurant left their tables and joined the mass.

So there he perched on Lane 19, grasping the orange-and-black, tangerine-scented ball he's owned for nine months. Slow and deliberate, he told himself, because there's no other way to do it.

This 18-year-old kid, desperately chasing perfection, wasn't aware of the throng behind him — not until he scattered his 10 pins, sunk to his knees, let out a yell, joyfully turned around ... and saw faces.

"So incredible. I can't describe it," Vandenheuvel says. "It was a new feeling to me; something I've never felt in my life — filled with thrill and excitement. I've finally hit that mark. It's something every bowler wants to do someday, is throw that perfect game. And in the end, you have to be able to keep your nerves going and not break down."

Article copied from the Saskatoon Star Phoenix Click [HERE](#)



FTA (Foothills Tenpin Assn. – Calgary)

Submitted by Dave Kist

The 2015-2016 season is coming to a close, just a few tournaments and only a week or two left in some leagues schedule. It's been a terrific season, which included the following high lights:

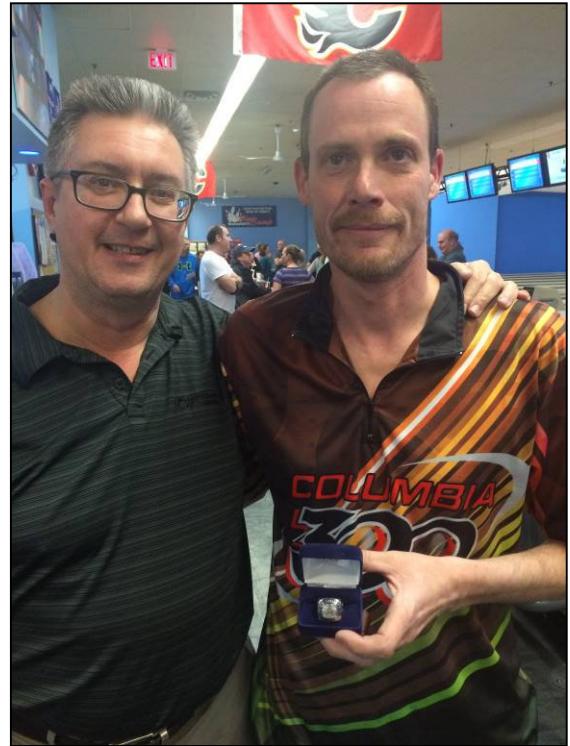
- Hosting the 2015 CMC's and setting a record participation level with over 551 competitors
- Another fantastic turnout for our annual FTA tournament with over 500 bowlers competing
- A Calgary team winning the 1st annual Canada Cup provincial round and headed off to represent Alberta at the Nationals – More on that in a few moments
- 30% increase in the Swiss Trio's, 24 teams vied for the title this year
- Introduction of the YYC Championship 2 day/2 centre event

It continues to amaze, just how strong and supportive the FTA membership really is and that is spilling over and catching on. Interest and participation is growing from our brothers and sisters to the North (Edmonton) and the South (Medicine Hat & Lethbridge). It's refreshing and rewarding to know, put on a good, well run event and people will participate. **THANK YOU BOWLERS**, you make everything so worthwhile.

Recent Awards:



Dwayne Scofield (right)



Skip Lytle (right)



Dave Williams (right)



Dave Williams (left)



Jeremy Weber (left) and Llew Blenman (right)



Bob Puttick (right)



Nate Macintosh (left)



Michel Habrun (right)



Stephan Wong with award winner Sophie Kam

Calgary tournament fun and results:

Western Cup held on Easter Weekend at Let's Bowl, the 2016 Champions are:

Teams
Mischief
Jude Pittman, John Makowski,
Randy Weaver and Jane Hastings

Doubles
Randy Weaver / Jane Hastings

Singles – Men
Nate Macintosh

Singles – Women
Andie Jones

All Events – Men
Russ Dunn

All Events – Women
Jane Hastings



And a few photos of the good times.....





Alberta Doubles champions, from Century Bowl are **Jennifer Barret** and **David Milne**

Swiss Trio's – A Scratch 3 person team, 6 game tournament. The first game is random draw for opponents and then every game after is position round match play with 1 vs 2, 3 vs 4 etc. The best win/loss record (pinfall to break ties) is crowned the champion.

2016 Champions – **Miranda Fisher, Alex Salmons and JD Frost** (5-1 / 3922)

Runners up – **Liz Wong, David Sanchez and Johnny Ho** (5-1 / 3737)

Third place – **Kaie Jones, Shawn Myers and TJ Howard** (5-1 / 3605)

Congratulations to **Alex Salmons**, who bowled is first ever perfect game. The 1'st of many to come, we think.



Canada Cup – Provincial Round

The 1'st annual Canada Cup provincial round was held at Let's Bowl on April 24'th. This pins over average event was hotly contested by all 15 teams from around the province. Participating teams were from Panorama (1), Galaxy (1), St. Albert (1), Ed's Rec Room (3), Gateway Entertainment Centre (3), Mountain View Bowl (1), Century Bowl (1) and Let's Bowl (4). Special thanks to **Elmer Kari, Terry Lagerre, Roger D'Souza** & birthday boy – **J.J. Gristey** for being our pacer team.

And another thank you to **Bob Puttick**, Hall of Fame bowler, for helping with the medal ceremonies.



Bronze Medalists – Let's Bowl #1 and pictured left to right, Dave Lewis (proprietor), Kent Berg, Bob Puttick (medal presenter), Karsten Millman, Shaun Gallager, Pierre Levesque and Dave Kist (proprietor)



Silver Medalists – Mountain View Bowl and pictured left to right, Dave Lewis (proprietor), Kevin Falk, Chris Weaver, Bob Puttick (medal presenter), Jackson Chanthachith, Ron Bernard and Dave Kist (proprietor)



Gold Medalists – Let's Bowl #2 and pictured left to right, Dave Lewis (proprietor), Cam Schultz, Teresa Weimer, Bob Puttick (medal presenter), Michel Habrun, Wayne McCall and Dave Kist (proprietor)

Edmonton Open – Calgary Bowlers:

B Division **Chad Hauser** (3rd), **TJ Calara** (4th), **Dave Williams** (7th) and **Ruben Garcia** (10th)

A Division **Jack Guay** (4th), **Skip Lyttle** (7th), **Felicia Wong** (8th), **Travis Sorenson** (9th) and **Cory Williams** (10th)

CYC Provincial Qualifier joining the rest of Team Alberta, are Calgary bowlers: **Liliane Colburne**, **Lance Cayco** and **Jarrod Henderson**.

Team Trial Qualifier, a 10 game competition with two different and demanding conditions (Mexico City on the right and Sydney on the left) bowlers were aiming at expense sponsorship money and to represent Alberta in May at the Team Trials. Congratulations to Calgary bowlers **Jack Guay**, **Felicia Wong**, **Miranda Fisher**, **Curtis Kruschel** and **Liz Wong** who will be taking it to the lanes and vying for a spot on Team Canada.



NEWSFLASH – NEWSFLASH – NEWSFLASH

From the YYC newsroom.....

Due to funding restraints over the last few years, Calgary bowlers selected to represent Canada by the Canadian Tenpin Federation (CTF) have had to fund most - if not all of their own travel expenses. This has resulted in a number of overlapping individual fund-raising efforts and personal cost to the bowlers.

REPRESENTING OUR GREAT COUNTRY SHOULD BE AN HONOUR - NOT A TREMENDOUS EXPENSE THAT MANY CANNOT AFFORD.



Expecting the funding situation will not improve in the near future, The **Calgary Team Canada Foundation** has been organized to coordinate fund-raising activities / efforts, promote our youth in international competition and manage funds raised to allow our Calgary bowlers to proudly wear the red & white while bringing home the medals from various international events.

The names of Calgary bowlers competing for Canada has changed in the past and will continue to change in the future as talent and CTF selection dictates, but all Calgary bowlers qualifying to don the red & white will be aided as much as is possible.

Upon hearing this news, long time and now retired bowler – Rose Dorey (pictured left) – generously donated \$1,000.00 to kick start the program. Rose says “*Our family loves 10 pin bowling. My husband, Adam (deceased) and I participated in several tournaments and always had so much fun! I hope this can help someone share in that fun. I am sure that my husband, Adam (Mr “nobody misses a 5 pin”) is looking down and smiling, ready to cheer everyone on!*”

The FTA is made strong by current and past bowlers just like Rose, we are forever grateful to be so

honoured. Thank you Rose and the Dorey family for your very generous donation to support current and future bowlers competing internationally for Canada.

And if that isn't enough, please SIT DOWN, grab onto a table or the arm rest of your chair.....Here it comes.....



CTF has announced the 2016 host city of their annual **Canadian Mixed Championship** tournament (the CMC's) and the FTA has once again been selected & will be hosting back to back CMC's. This prestigious event was a near sell out in 2015, with a record level of participation – 551 bowlers. The 2016 event will be held at Let's Bowl and is expected to attract over 600 bowlers. Plans are already being drawn up for the November 17'th to 20'th event. Remember, last year's event had the 1'st shift completely sell out 5 months in advance. Don't miss out on your chance to be part of the action and the fun.



YBC NATIONAL CHAMPIONSHIPS
CALGARY, AB • MAY 7 - 9, 2016



The YBC Nationals are coming to Calgary. May 7-9, 2016. 8 Provinces will be represented in the 10-pin Events, and all 10-pin bowling will be at Century Bowl from May 7-9. You can follow along with your favorite Junior bowler and their scores by clicking on this [link](#)! Good Luck to all the competitors
Century Bowl is located at 1010 – 42nd Ave SE.



The Edmonton Open

Submitted by Aicha Lillivolden

Gateway Lanes and Entertainment Centre hosted the Annual Edmonton Open on April 2-3 2016. This year was one of the best represented with bowlers from BC, Saskatchewan, Winnipeg, Ontario, Montana, and of course Alberta. 80 Entries in all competed for a Prize fund of more than \$15,000.00. The format is a 20 game match play (10 Each Day) where bowlers decide if they want to continue on "A" side where pinfall carries over to Sunday, or go to the "B" side and start fresh.

This years' Champion on the "A" a Side was Jordan Jung (Burnaby, BC) – No picture available - and the "B" Side Champion was Summar Farhat (pictured Below) - Summar is a Current Team Canada Ladies Team Member, from Edmonton, AB.

A big "Thank You" goes out to all the bowlers that made this tournament a huge success. I look forward to this tournament every year. Hugs and Kisses to Paul Dehn and Jack Guay for their knowledge and expertise hosting the Bowling Seminar.

Special thanks go out to the staff of Gateway, and especially Kathy Borden, Carla Bilyea, Gayle Day, Danielle Verbeek and Sam Porter. Without you, the smooth and successful operation of this event would not have been possible.

Edmonton Open April 2 & 3, 2016 Gateway Entertainment Centre Edmonton, AB

B Division Step Ladder

5-TJ Calara	193	156 TJ Calara	173	215 Summar Farhat	200	Must beat #1 twice
4-Chris Gutteriz	156	3-Summar Farhat	215	Summar Farhat	152	206
				2-Chad Hauser	1-Todd White	212
					184	191

Winner: Summar Farhat

A Division Step Ladder

5-Jack Guay	202	200 Jack Guay	203	226 Brandon Riley	196	Must beat #1 twice
4-Anthony Skitt	200	3-Brandon Riley	226	Brandon Riley	226	167
				2-Daniel Skitt	1-Jordan Jung	236

Winner: Jordan Jung





British Columbia
Submitted by Katie Panaglio

British Columbia CYC 2016 Qualifiers



L-R: Mgr. Mark Westerberg, Kyle Palacios (Jr.), Simon Dyck (Sr.), Coach Donald Nip, Nathan Nerona(Int.), Mark Rouhana (Ban.), Amy Buchanan (Jr.), Destiny Petrovich(Ban.), Coach Lorne Craig, Amanda Tang (Int.)

CYC Youth Qualifiers - Team BC 2016

Bantams - Destiny Petrovich & Mark Rouhana

Juniors - Amy Buchanan & Kyle Palacios

Intermediates - Amanda Tang & Nathan Nerona

Seniors - Candice Choi & Simon Dyck

Coaches/Manager - Lorne Craig, Donald Nip & Mark Westerberg

!!GO TEAM BC!!



Campbell River



A perfect game in bowling is pretty rare, but how about two teammates bowling a perfect game within three months of each other? It might sound improbable, but it's exactly what happened at the Campbell River Bowling Centre during Monday Men's League tenpin play.

Most recently, **Allan Bradshaw** bowled a perfect 300 game Feb. 16. That is slightly less than three months after teammate **Shane Konkle** bowled a perfect game on Nov. 23.

"It's rare," said Bradshaw, whose last perfect game was about 12 years ago. "Some people would say it's almost like a hole in one in golf."

Konkle's last perfect game was about 10 years ago, although he hasn't been bowling for that entire time. "I don't know the exact odds on it, but a lot of it too is very dependent on the lanes," he said. "Obviously you've still got to throw the ball and get a strike, but the lanes have been recently renovated and new lanes are in here, and that definitely makes a difference."

In 2014, Campbell River Bowling Centre owner Ian Fong invested hundreds of thousands of dollars to refurbish the bowling lanes with synthetic laminate, as well as install new ball returners, re-carpet and paint the centre and add a new pool hall.

These improvements brought Konkle to the Campbell River Bowling Centre.

"I wasn't bowling until they renovated it, and then I came back," he said. "I wouldn't be bowling here unless they renovated. I was almost considering driving to Nanaimo to bowl. It's great that he invested the money into redoing the lanes."



Both Konkle and Bradshaw say that moment when you bowl a perfect game is unforgettable — for them but also for everyone else at the bowling alley. “Everybody stops bowling, the whole centre, and basically, you become the focal point for that one shot,” said Konkle.

“Once you get to the last two or three shots, especially the second-to-last one, everyone just sort of stops and watches,” agreed Bradshaw. “You become pretty conscious of the fact that you’re the only one there. And you just say a little prayer, ‘Jesus, you’re throwing this one,’ and it worked this time. For me, the last one was a little different, but this one, it was so exhilarating when you got the last one and they all went down.”

Konkle says he probably came close to a perfect game four or five times before he had his 300 game, bowling 10 strikes in a row but not being able to get the 11th and 12th. He and Bradshaw both say you do need a little bit of luck. “Some of it’s luck, but you still have to throw the ball in the right spot,” said Konkle.

A lot goes into bowling the perfect game. “For me, it’s focus and concentration, trying to execute the same thing over and over again, repetition,” said Konkle. “Once you throw the ball, it’s out of your control, so you have to do the best job you can.” There is a bit of reading the lanes too because there is oil on the lanes, he says. “You’re always going for that strike on the first throw,” added Bradshaw.

Konkle has been bowling off and on probably about 25 years and he has bowled four perfect games so far. As well, he won a bronze medal at the Canadian Championships in the early 1990s while he was in Ontario. Bradshaw has been bowling for close to 30 years and this was his second perfect game. “I’ve had a 298 and a 299, which means that all the pins didn’t fall on the last ball,” he said.

Bradshaw is a past president of the B.C. Youth Tenpin Association and is a Level 1.5 certified coach for youth. Bradshaw says he also enjoys bowling because it’s a good family game. “My wife bowls and so does Shane’s,” he said. “My son’s an avid bowler, although he lives in Dawson Creek now and can’t bowl up there.”

Both Bradshaw and Konkle are in their second year playing with the Monday Men’s League in Campbell River. “I enjoy the challenge but I also enjoy the friendship and fellowship,” said Bradshaw. “Bowling in men’s league makes it more competitive.”

Konkle enjoys the challenge and often compares bowling to golf. “It’s actually a lot more technical than people think it is,” he said. “The funny thing about this sport is that you can throw a perfect shot and you never get the same results. They’re round objects hitting round pins and it’s out of your control from there.” Bradshaw sees bowling as being a bit like curling. “There’s a similarity in the sense of the speed of how you throw makes a difference,” he said.

Article Courtesy of Campbell River Mirror – [CLICK HERE](#)



Just Your Average Joe? by Curtis Kruschel

The CTF connection is about bowling in Canada, and our bowlers competing around the world. We all know about **Jack Guay, Felicia and Samantha Wong, Dan McLelland**, and Canada's first PBA Champion **Graham Fach** (Didn't Know? Click [HERE](#)) Bowling is more than this. If we want the sport to grow, we need to start at the grass roots. Our youth programs are the beginning, they all need coaches and volunteers, the next level is the Adult recreational league. These bowlers are the foundation of any bowling centre's operations - 32 weeks of guaranteed business. Then there is open play. How do you get the once a month bowler to become once a week, then actually join a league, and contribute to the growth of a sport?

This section is going to concentrate on the second group. People that bowl 32 times a year, the occasional tournament, practice occasionally and may or may not have their own bowling ball; The Average Joe (or Jane). This month, we meet "**Adam Bath**". Adam is a Travel Agent with "Corporate Traveller" that bowls in Calgary. What Adam likes, loves, and dislikes about bowling follows. I invite you to meet: Adam Bath



The easiest place to start is about bowling, so in 10 words or less, why do you bowl?
It's a sport that anyone at any age can participate, compete and I love that you are always competing with yourself.

How/Why did you start bowling?

I was introduced to bowling when I was a kid growing up on Vancouver Island where there were not many options outside of hockey and being a small kid hockey was really not an option so my parents decided to see if I would like bowling.

Canada

THE YEAR
OF
SPORT
2015



How many years?

I started out when I was 5 and continued all the way through to the end of high school and then left the game. I really did not come back to where I was actively bowling in leagues until approximately 4 years ago.

Do you bowl in a league? Sanctioned? Do you know what Sanctioning gets the Average bowler?

Yes, I bowl in two Sanctioned leagues here in Calgary and I have good understanding of what it means to bowl in Sanctioned leagues.

What is your favorite part of bowling?

Our sport appears to outsiders to be an “easy” game, but, as I learn more and practice more it has become more challenging and fun to try to perfect.

Do you bowl in tournaments?

Whenever I can

Do you have kids? Do they bowl in the Junior program?

No, my daughter is now grown up and never picked up a desire to want to bowl. I do however, want to start getting involved with helping out with the Youth program next year.

What is your highest game? Series?

Highest game: 279 Series: 656

How many bowling balls do you own?

6

Is there something about the game that bothers you?

Negative people on the lanes, but, at the end of the day it's up to me to control my own reactions to other people's behavior out on the lanes, and when other people deliberately use distractions to try to get you off your game.

If you could change one thing about the game as a whole, what would it be?

Do you use Social Media (Twitter, FaceBook, Instagram, YouTube)?

Absolutely

Do you use it for bowling?

For sure, I follow a number of different groups, Pro's etc. on social media.

Now about you, when you're not bowling what do you do?

My next passion outside of bowling is travel. I love the experience of travel and seeing new places and cultures. It's rare for me not to have my next trip booked

Career?

Not surprising from my last statement, but, I am a travel agent for the Corporate Traveller in Calgary



Hobbies?

Reading, swimming, studying Celtic lore and histories

Now the fun part... 20 Questions – One word answers:

1. Favorite Spectator Sport: Soccer
2. Favorite Movie: Harry Potter
3. Favorite Vacation Destination: Cuba
4. Favorite Food: Mexican
5. Favorite Restaurant:
6. Cook or Take-out: Cook (and I'm a good one)
7. Dog or Cat: Dogs all the way
8. Chess or Checkers: Chess
9. Computer or Pen: Computer
10. Text or Call: depends who I want to communicate with
11. Hold Em or Dealers Choice: Hold em
12. Summer Sport : Baseball
13. Favorite Sports Team: Boca Juniors
14. Going to Winnipeg – Drive or Fly? Fly
15. Radio – Talk or Music? Music (Sports or News / Country or Top 40) Top 40
16. Favorite TV Show: The Voice
17. Best Friend: Pierre
18. Favorite App: Instagram
19. iPhone or Android: iPhone
20. Newspaper or Internet: Internet

Finally, if you could make a statement to all Canadian bowlers about our sport, recreational and competitive, what would you say?

I love being part of this sport where it does not matter at what level you participate or compete there is a league, house etc. for anyone to enjoy. The bowling community is a very inclusive group that I thoroughly enjoy being a part of.



CTF Youth Report

Submitted by Jim Lester, CTF National Youth Director

To start with on a personal note, I would like to say goodbye to a long time friend. **Doug Imms**, Ontario's Association Manager passed away last month. Doug was the YABA Manager before we became CTF and continued on in that role after our amalgamation. We worked together on many projects for Youth bowling and he will be missed in Ontario. If you ever had the chance to meet Doug, you could "feel" his passion for Youth bowling.

A reminder to all Youth bowlers in Canada, that CTF is still offering scholarship monies. CTF still offers the \$1000.00 scholarships on a yearly basis to two deserving individuals, one male and one female. Last season, we did not have an application from a Youth male and at present, there are no applications before the committee. All information is available on the CTF website.

From Saskatchewan some YBC National qualifying winners;

Dylan Mowbray, Eastview Bowl, Saskatoon.

Nicole Lucier, Glencairn Bowlodrome, Regina.

Matthew Wist, Fairhaven Bowl, Saskatoon.

Reanna Lafferty, Fairhaven Bowl, Saskatoon.

Aaron Doherty, Fairhaven Bowl, Saskatoon.

Kelsi Beauchamp, Fairhaven Bowl, Saskatoon.

In just one month's time, 64 of Canada's best CTF Youth bowlers will converge on the beautiful city of St. Catharines in Southern Ontario. Yes, it is time once again for the Canadian Tenpin Federation's National Youth Championship Event. One of the largest bowling centres in Southern Ontario, Parkway Lanes, is playing host the 34th Annual Event.

If you are fortunate enough to attend this event, the host committee is offering a once in a lifetime trip. One of the Seven Wonders of the World, Niagara Falls, which is located just a 15 minute bus drive away. The committee will transport you not only to the falls but behind the falls. On a personal note, I have done this and highly recommend this side trip.

Some athletes returning to the National Tournament include from;

Northern Ontario:

Ema Bowen, Aidan Bass, Ryleagh Bell and Aaron Craig.

British Columbia:

Amy Buchanan, Candice Choi, Nathan Nerona and Mark Rouhana.

Southern Ontario:

Sierra Baltzer, Brayden Vaughan, Joshua Bautista, Mykaela Mitchell and Caitlin Tam.

Alberta:

Kaytlyn Taylor, Sean Scofield and Gemma Oxley.

Saskatchewan:

Dylan Mowbray, Amelia Campbell, Matthew Wist, Jayden Wear, Morgan Materna, 5th appearance and an amazing 7th appearance by **Kelsi Beauchamp**.



I look forward to seeing all our Youth athletes in St. Catharines. If you require any assistance with Youth bowling in Canada, please do not hesitate to contact me.
Good luck and Good Bowling to all.

Four Bowlerama London Youth Headed To Nationals

March 21, 2016 By:jeffreyreed (Copyright 2016 London Ontario Golf)

From Bowlerama Royale Youth League:



Six Youth Bowling Canada (YBC) members from across Ontario make the Southern Ontario Team each year. They do this by qualifying in the top of their league, then at their Zone level, and lastly at the Provincial level. The Bowlerama Royale Youth League has had many successes in the past couple years, and this year they have once again dominated en route to the Nationals.

Four of six members from the 2016 YBC Southern Ontario team are from the Bowlerama Royale Youth League: **Brayden Vaughan**, **Rebekah Loker**, **Angel Schuyler** and **Cole Sitzes** are headed to Calgary in May to compete at the Youth Bowling Championships. They will compete against seven other provinces.

Brayden has bowled in the 2015 CTF Nationals that competed in Winnipeg, is a member of the 2016 CTF Nationals and will also compete at the 2016 YBC Nationals. He took home a Gold medal along with his doubles partner Rebekah Loker at the 2015 CTF Nationals.

Rebekah was a member of the 2012 YBC Southern Ontario Team that competed in Woodbridge, Ontario. She was a member of the 2015 CTF Nationals that competed in Winnipeg and will again compete at the 2016 YBC



Nationals. She brought home three Gold and a Silver from Winnipeg last year, and will be making her debut appearance at this year's Canadian Team Trials, hoping to become a member of the 2017 Youth Canadian Team.

Angel is a first-time team member, having medaled at the Provincial round in the past, and now breaking through for the win to compete at the 2016 YBC Nationals.

Cole is a two-time member of the team. He competed last year in Toronto at the 2015 YBC Nationals and was again successful this year, and will compete at the 2016 YBC Nationals. He brought home Gold in both Singles and Combo Teams from the 2015 Nationals.

Canadian Record Broken - Cole Sitzes



A Canadian Record was broken by a bowler at a YBT event!

London and District has yet another accomplishment to announce!

This young man went to a Bowling Birthday Party and loved it so much he wanted to join a league. Since then he has many accomplishments:

- 2015 National Gold Medalist
- 2016 YBC Southern Ontario Team Member
- Multiple Ontario High Average awards

And now, he is also being recognized for breaking the record for the "Canadian Youth Male 11 and Under 4-game Series".

WOW!!! Keep your eye out for **Cole Sitzes**! This won't be the last time you hear about him....he has an awesome bowling career ahead.

CONGRATULATIONS COLE!!!!



Canadian Youth Championships Qualifiers from Manitoba

The Manitoba Provincial Youth Finals were held on Sunday, March 13th, at Chateau Lanes. After a grueling 8 games, the qualifiers from Manitoba are:

Bantam:	Nikaya Bautista	Dean Garing
Junior:	Madison Tokar	Vincent Jobin
Intermediate:	Brittney Rocan	Austyn Ducharme
Senior:	Ashley Ducharme	Sean Coutts

Congratulations to all, and Good Luck in St. Catharines!



From Left to Right: **Vincent Jobin, Nikaya Bautista, Sean Coutts, Dean Garing, Austyn Ducharme, Liam Naylor** (who is going to YBCs, but not CYCs), **Brittney Rocan, Ashley Ducharme**



Manitoba Annual Youth Awards

Manitoba held their annual Youth House Championships at Chateau Lanes, followed by the Annual Awards Ceremonies on Sunday, April 24th, at Sport Manitoba. There was a great turnout at the ceremonies (over 100 people I am told, and a lot of excitement. One of the highlights was that each of the youth bowlers who had qualified for the Bowl Canada YBC Championships, and for the CTF Canadian Youth Championships received a \$200 award. This was funded by the unclaimed scholarship monies from the Odaguchi Senior Scratch Tournaments that were run for many years by one of our well-known youth coaches, Ats Odaguchi. Here a few pictures from the awards ceremony...



Kelsey Hall



Vanessa Visarra



Brayden Higgins



Cousins Blake and Nikaya Bautista



Madison Tokar and Jeremy Watcher



Seniors: Liam and Marissa Naylor, Sean Coutts, and Brittany Crawford

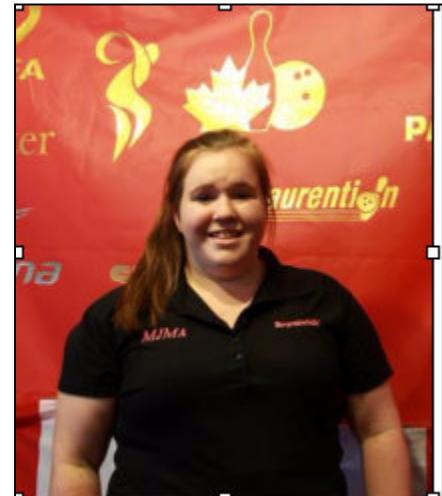


CTF Announces Bowlers of the Year for Adult, Senior and Youth



The Canadian Tenpin Federation is proud to announce Bowler of Year selections for 2015. Beginning with Youth Girl, from London, ON, **Mykaela Mitchell** (right), and for Youth Boy **Mitch Hupé**, from Winnipeg, Manitoba (left).

Mykaela Mitchell won 1-Silver, and 2-Bronze medals while representing Canada on the Youth Team at the Pan American Confederation Championships. Placed third for a Bronze Medal at the Canadian Team Trials to make the Youth Team. Won 2-Gold, 1- Silver and 2- Bronze

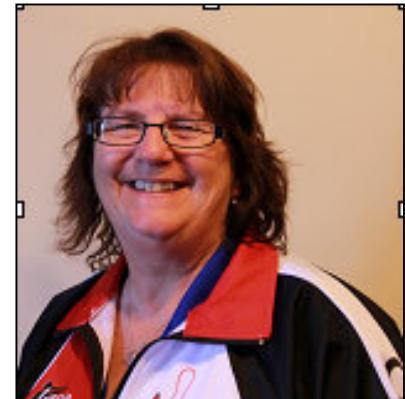


medals at the Canadian Youth Championships representing the Team Ontario. AT the YBC Nationals she won a Bronze medal in singles.

Mitch Hupé won a Bronze medal and placed in the top ten for all events while representing Canada at the Pan American Confederation Championships. He won the Gold Medal at the Canadian Team Trials to make the Youth Team, while placing 4th to also earn a spot on the Men's Team. While bowling in Collegiate events, his Wichita Team were Sectional champs , and had several other wins.



Bowler of Year Senior selections go out to **Lauraine Fast** of Calgary, Alberta (right) and **John Chapman** from Toronto, Ontario (left). During the Pan American Confederation Championships Lauraine won a silver medal in Singles, and placed in the top 10 in all other events.



John placed 4th in the Canadian Team Trials to make the senior team to attend the World Championships. There he won 4

medals out of a possible 5. Gold in All Events, Silver in Doubles, Bronze in Singles and Bronze in the Team Event.



The adult team Bowler of the Year awards goes out to **Robin Orlikowski** of Grand Rapids, MI (right) and **Daniel MacLellan** from Kitchener, Ontario (left).

Robin won the Gold Medal at the Canadian Team Trials to win a spot on the Adult Team, and was also selected to compete in the Pan Am Games in Toronto, 2015.

Daniel won two medals at the Prestigious Pan Am Games. Gold in Doubles and Bronze in Singles. Daniel also won the

Gold Medal at the Canadian Team Trials. He added a top 10 finish in a PBA Major, and WBT Event, to his list of accomplishments.



Robin won the Gold Medal at the Canadian Team Trials to win a spot on the Adult Team, and was also selected to compete in the Pan Am Games in Toronto, 2015.

Daniel won two medals at the Prestigious Pan Am Games. Gold in Doubles and Bronze in Singles. Daniel also won the Gold Medal at the Canadian Team Trials. He added a top 10 finish in a PBA Major, and WBT Event, to his list of accomplishments.

Selection Committee Announces Team for Tournament of Americas Being Held in Fort Lauderdale, Florida, July 24-20, 2016

Junior A Division

Jakob Bowden: Oshawa, Ontario
Daniel George: Thunder Bay, Ontario

Dakota Faichnie: Innisfil, Ontario
Karley Foster: Kitchener, Ontario



Junior B Division

Blake Foster: Kitchener, Ontario
Nicholas Blagojevic: Brighton, Ontario

Darci Faichnie: Innisfil, Ontario
Sarah Klassen: St. Catharines, Ontario

Adult

Zachary Wilkins: Barrie, Ontario
Josh Brant-Parkin: Deseronto, Ontario

Isabelle Rioux: Trois-Rivieres, Quebec
Christine Johnston: Hamilton, Ontario

Seniors

Michel Lesage: Trois-Rivieres, Quebec
Curtis Kruschel: Calgary, Alberta

Caroline Gagnon: Trois-Rivieres, Quebec
Catherine Harvey: Orillia, Ontario

Super Seniors

Ammeris Fernandez: Baconsfield, Quebec
Ron Theriault: Lachine, Quebec

Lauraine Fast: Calgary, Alberta
Sherry Hobson: Winnipeg, Manitoba



PABCON Champion of Champions

The city of Puebla in Mexico hosted the Pan American Bowling Confederation (PABCON) Champion of Champions tournament April 22-26, 2016 at the 36-lane Noria Pro Bowling centre. Two male and two female athletes from each of the 25 PABCON federations were eligible to participate in the COC tournament. The top three countries in both the men's and women's field automatically qualify for the 2017 World Games which will take place from July 20-30 in Wroclaw, Poland.

Team Canada was comprised of (left to right), **Valerie Calberry, Miranda Panas, Graham Fach and Francois Lavoie**. Their coach was **Tyrel Rose**.



You can see all of the results from the tournament by going to: www.pabcon.org

The highlight of the tournament for Canada was that **Francois Lavoie** won the Gold Medal in the prestigious Masters event! Congratulations Francois !

Here's a great photo of all the women bowling in the tournament:





“Bowling is my Life” – Mykaela Mitchell



Bowling was always a familiar sport in my family. My Father, Grandmother and Grandfather were all bowlers. From birth I was familiar with the bowling centre. My older sister, Kalyssa was also a bowler in the youth program, so it was a natural thing for me to do. I started bowling when I was 3 years old and I loved it more than anything.

When I started bowling I threw a backup ball, and my average was about 100. At the age of 10, I decided that I wanted to quit bowling and continue with gymnastics instead. A year later, I missed bowling too much and I decided to come back. That is when I started to become competitive. In 2008 and 2009, I medalled at the Ivan Nelson Ontario Provincial Tournament and that made me determined to work hard and win gold. I really wanted to go to Nationals. Since then, I stopped throwing a backup ball and worked really hard on my game. I made the Southern Ontario team as a Bantam in 2010, a Junior in 2012, and an Intermediate in 2015 & 2016.

Along the way, I have had many mentors. To me a mentor is someone who you look up to, who has experience, gives you advice and helps you fulfill your dreams and goals. **Jill Friis** is a Senior Team Canada Member with a strong background in competitive bowling. She has helped me so much with my mental game. **Gus Badali** has been my coach for the Southern Ontario team several times. He was the one who introduced me to competition through the Youth Bowling Tournaments (YBTs) and given me the opportunity to bowl on tough lane conditions with tough competitors. **Paul Rideout** has been there for me through it all, as my Youth League Program Director and a Coach. He has helped me grow in the sport I love and has even travelled with me and supported everything that I have done.

Once I made Nationals, my next goal was to become a Team Canada member. When I was 15 years old, I participated in the Canadian Team Trials event in Montreal and finished 5th on the youth team to become the alternate. When I made the team for the first time, I can't even describe the feeling that I had. The thought of representing my country was so surreal. To this day, the feeling never gets old and I have met so many friends from all over the world. And I am so excited to continue meeting many more. Making the team also gave me the great opportunity to be taught by the best coaches in the country.

One of my biggest highlights in my bowling career was representing my country at the Youth PABCON Championships in Panama this past July in 2015. Standing on the podium with my team was an inspiring experience. The teamwork that was presented at that tournament was amazing, and to have the support of the team behind me the whole time made it even better.

One of my lowest points in my bowling career was in Manitoba for the CTF Canadian Youth Championships in 2015. In the middle of the tournament I received news that a school friend had passed away. I was devastated by



the news. Then later in the competition my spare ball broke and couldn't be repaired. After that one of my teammates collapsed on the lanes and was sent to hospital. It was mentally draining. My team somehow pulled it together to finish strong. I'm so proud of the team to this day because we supported each other throughout the tournament no matter what.

I have a lot of goals that I would like to achieve, however some of them are personal to me. One of my goals is to make the Adult Team Canada squad this year and be able to bowl on the Women's Professional Bowling Tour in the near future.



All the hard work and dedication can't be achieved without support from family and friends. My parents have supported me since day one and I wouldn't be where I am today without them. They have driven me to tournaments and practices and dedicated hours to the sport, not to mention paying for everything. My father has been my personal coach throughout my bowling career and has been there for every tournament. My grandparents and sister have also supported me since day one and I can't thank them enough. To Sanders Pro, Kellogg's, Lac-Mac Limited, the late Jack Fine, a BIG THANK YOU for supplying equipment and sponsorship and to Rowe Zone for being the best ball driller, to J&K Bowling for the Ball Contract, and of course to Sport Canada for funding to Team Canada. Thank you so much YBOWL Canada for being such a big influence to me and our sport. Sorry for the oversight.

There are so many other supporters that help me make my dreams come true. This game takes so much time, dedication and hard work and it can't be done without a lot of support from friends and family.



Joe Ciach - My Story

I have been bowling for 45 years. I started bowling 5-pin at an early age of 2 and continued until I was 15, when I started bowling 10-pin. I participated in both Youth Bowling Canada (YBC) and Young American Bowling Alliance (YABA) Programs. As a youngster I bowled at Lucky Strike Bowlerama which was right beside where I lived. My father - Bill "PAPA" Ciach - was the manager there for over 40 years.

My Dad was my mentor, my coach and my best friend. In June of 1997 he passed away from health complications.

Dad wanted the best from his children. We all grew up with respect for others, but most importantly, respect for ourselves. One thing I will always remember that he told me was, "NOBODY IS BIGGER THAN THIS GAME, BUT SOME THINK THEY ARE."

I have been a member on TEAM CANADA 13 times, and am very proud of that. Making the team this many times is too hard to believe. I don't have the physical games like some of Canada's best but damn, do I have the will to compete!



Of course, during my bowling career, I've experienced some highs and some lows.

My lows are that I wish I could have had more success in Team Canada International competition. I know that I have always given it 110% every time I have represented my country and have done so with true respect, win or lose.

My highs? There is nothing greater than representing your country. And of course, the successes, such as the Silver Medal in Doubles competition, alongside **Ray Vervynck**, that we won in 2007 in Guatemala. Another highlight for me is that I have won a Mega-Buck sweeper tournament in Cincinnati, twice, in 2003 and 2004.

My bowling goals are to always work on my game and get better. And of course, to always have fun at a game I love.

I have been very fortunate to have a lot of friends in my life and a few mentors.

Besides my Dad, my mentors have been **Jack Brace**, **Bill Rowe Jr**, and **Craig Woodhouse**.

My biggest inspiration in my life is my wife, **Kerrie Ryan-Ciach**. Win or lose, she has always been there for me, whether it be from 15 kilometers away or 3,000 miles away. She always wants me to do my best. She is my true inspiration. I just love talking to her after a good day, or a bad day, as she always keeps me upbeat.



I also have support from so many other people in my life.

My biggest fan was my Dad. He was at every single one of my tournaments.

When I used to practice at Lucky Strike, he would always tell me that everyone can throw a strike, but most of them can't make a spare. His advice? "Practice your spares and you will become a better bowler."

My mom always cheered my on as well. When I didn't get a strike or a spare, she would often ask "What happened there?". Always made me smile.

My in-laws - I can't say enough about them. They are also my bosses. Whenever there was a tournament and I wanted to bowl in it, they would never hold me back. And they would always take an interest in how I did, whether it be in the tournament, or just in league play.

My sisters have always supported me as well, even though they don't bowl anymore.

And then there's The Cottage Crew. What can I say? This group of people are my family as well. I love every single one of them dearly. Half of them are my competitors, but are my dear brothers as well.

I also want to thank my sponsors over the years for their support. Track, Columbia 300 (now these are Ebonite International), and Turbo Grips.

And of course, I appreciate all of the Team Canada sponsors over the years. Without them, and funding from Sport Canada, we would probably not have much of a presence in International bowling competitions.



Bowling alley provides life lessons

Ben Ament, Times Writers Group

In retirement, a return to the lanes provides many reminders about what's most important — how we should treat each other

Story Highlights:

- Repeating an action in seemingly identical ways does not guarantee the same results
- The person on the next alley deserves the same respect that you expect from them

I have been reminded lately that seemingly humble activities reflect life. For instance, everything I need to know to be successful I learned at the bowling alley.



Seeking some semblance of fitness, my better half and I have found time to revisit bowling in retirement. What I didn't expect was to be reminded that play taught me all I need to know about getting along with others. Well, maybe not everything, but many things.

First, contrary to what I was taught in early life, practice doesn't always make perfect. In fact, sometimes the more I try, the worse I do. Whether it be waning attention or muscle fatigue, there is a point of diminishing returns. More often than we think, effort does not equal higher returns (or scores.)

Repeating an action in seemingly identical ways does not guarantee the same results, good or bad. There are myriad things of which you may not be aware. Something outside of your control may have changed. Worse, that change may be minuscule. The oils on the alley are picked up as each ball rolls toward the pins. Perhaps the ball itself has picked up a bit of lint, or the person ahead of you left a bit of residue on the approach. Perhaps the pinsetter has shifted the pins slightly askew. Any one of countless things might be different from when you last threw the ball.

Theologian Reinhold Niebuhr must have known this when he advised us to pray for the serenity to accept the things that we cannot change, the courage to change those we can, and the wisdom to know one from the other.

Courtesy is never misspent. The person on the next alley deserves the same respect that you expect from them. The golden rule in action, my parents would say: Do unto others as you would have them do unto you.

I prefer the platinum rule, though. It says I should treat others the way they wish to be treated. Just because I like cajoling or teasing doesn't mean everyone does. Some people take the game like they take life — more earnestly than do I. I must respect that and treat them the way they prefer. Easy to say — hard to do.

Though the golden rule is well known in Western culture, research shows it likely originated in pre-Biblical Asia. It is possible they did not know the platinum rule because that element was discovered in South America. But I digress; back to the bowling alley.



Cheer for your competitors. Unlike all of the jeering and booing that surrounds professional and collegiate team sports, bowling is a game of camaraderie, most of the time.

Like any human activity, some bowlers take themselves (and the game) too seriously. And, like other human activity, everyone cheers the winners. What is life affirming at the bowling alley, however, is even the best bowlers will take the time to encourage those who are not so good. They will high-five an opponent when a ball is well thrown and even applaud a good attempt that misses its mark by just a smidgen.

Perhaps the most important thing to come from the bowling alley is handicapping. Handicaps in bowling create a level playing field, at least in theory. In economics, this is akin to helping small businesses compete with large businesses.

Unfortunately, much of our world would rather make light of effort and only reward results. Creating winners and losers, have and have-nots does not make the world a peaceful place. A handicapping system just might provide equal opportunity for all.

My contention is not everyone should take up bowling, though that would be fun. My argument is bowling often reflects the best in life, and we should emulate some of the best of the bowling world. Thus:

- Effort should be rewarded — not necessarily perfection.
- We need to accept some things and work to change others.
- Always be kind. Treat others as they would treat themselves.
- We are all created equal, but we can make opportunities more equal.

Everything we need to know can be learned from fair play at the bowling alley.

This is the opinion of Ben Ament, world citizen. He hopes to leave that world slightly better than he found it. His column is published the fourth Friday of the month.

Inspire Me !

I recently ran across an amazing video (it's mostly audio, but has captioning in the video to help follow along) done by **Jason Belmonte**. For those of you who don't know this name, he is one of the premiere bowlers on the Professional Bowlers Association circuit.

It is all about us, the bowling community, and especially the youth, working together and supporting each other, to help our sport flourish. It's about being positive and ignoring the negative. I think it is worthwhile for all of us to listen to it. It is less than 5 minutes.

<https://www.facebook.com/belmofanpage/videos/10153525304798174/>



Canada's National Teams

Submitted by Tyrel Rose

The men's training camp took place at Laurentian Lanes in Montreal during the month of March. As usual, it was a productive weekend with team members old and new, sharing experiences and knowledge to help the team grow. The 8 men on Canada's men's roster form the basis from which we select our athletes for the PABCON Championships in September and the World Singles Championships in December.

We've already had an international event completed as well. **Valerie Calberry, Miranda Panas, Graham Fach and Francois Lavoie** traveled to Puebla Mexico for the PABCON Champion of Champions event. This event was a qualifier for the World Games in 2017. Overall, the team finished 4th in qualifying, just missing out on the top 3 spots that automatically get a berth in the 2017 World Games in Poland. There are still 2 spots up for grabs at the PABCON Championships in September. The highlight of the event was Francois Lavoie capturing Gold in the Masters event, defeating Chris Via of the United States, 2 games to 3.

Coaching Development Update

Submitted by Tyrel Rose

Twelve coaches from all over Quebec attended two different NCCP courses in early April. The Introduction to Competition course was held at Quillorama Trois-Rivieres on the first weekend, while Quebec's first-ever Competition Development course was held the following weekend at Montmorency Lanes in Quebec City. Both courses were a great success. This marks the third Competition Development course to be delivered in Canada.

It's important to point out that both courses contain 'sport specific' training and 'multi-sport training'. For example, Sport Specific training would be technical corrections for footwork. Multi-Sport training are coach skills that apply across all sports, such as ethical decision making. Some elements of the multi-sport training are built into the CTF courses, while others must be taken separately, as is the case with Competition Development.

For more information about coach training, certification or hosting a course, please ask your local or provincial association. You can also check out CTF's website - www.gotenpinbowling.ca - and Coaching Canada's website - www.coach.ca - or contact Blaine Boyle with the CTF National Board - blaineb@sasktel.net - or Tyrel Rose - tyrel.rose@goldmedalbowling.ca - CTF's lead facilitator for coach certification.



CTF Director Nominations Wanted!

CTF will be having its Annual Meeting on November 19th. At this meeting, there are elections to fill a minimum of three Director positions that will be open.

Therefore, if you, or someone you know, is interested in making a difference, and becoming a Director, please fill out a Director nomination form. All Provincial and Local Bowling Associations have already been sent a reminder letter about this, and we of course want all of our CTF Registered Participants to be aware of this opportunity as well.

The application form is available for viewing and download on the CTF website. The form (in English and French) is in the "Miscellaneous" section, and is called "CTF Director Application". Here's the link to the correct page: <http://gotenpinbowling.ca/EN/forms-2/>

IT'S THE RULE !

Charlotte Konkle, CTF Regulatory Chair

Absentee, Vacancy or Injured Scores

There seems to be some confusion out there as to when and how absentee, vacancy and injured scores are used so here is some clarification:

An absentee score is used when a regular bowler is absent and a substitute is not obtained. This score used is usually 10 pins lower than the absent bowler's current average as per a league's rule or a score of 120 as per CTF rule 105b.5.c.

A vacancy score is used when a team has an incomplete roster. This could be 120 as per CTF rules or another vacancy score (such as the preceding year's league average), as per league rules.

Rule I05b (page 22 of CTF Playing Rules) explains all of this plus some provisions that need to be met.

When a bowler is unable to complete a game and another is not available, an injury score is used - how to calculate this score is outlined in Rule 108a (page 24 of CTF playing rules). And Rule 108b has more info.

Don't forget that all CTF Playing rules are available on the website for all bowlers - www.gotenpinbowling.ca.

If you can't find an answer, contact National Office.



USBC Revokes Certification Approval of Two Motiv Balls

For those who may not be aware of this significant bit of news, we thought it would be appropriate to include this in the Connection. There has already been a fair amount of discussion about it on social media.

USBC announced that effective **March 15, 2016**, it was revoking certification of the Motiv "Jackal" and "Jackal Carnage" bowling balls and has removed them from the approved bowling ball list. The reason was because both balls "exceeded the maximum 0.060" differential radius of gyration standard specification during spot checks of bowling balls in the field".

Click on this link to read USBC's article: [USBC Ball Revocation](#)

Likewise, Motiv has issued a statement that they are working on their website so customers can ask questions and replace the bowling balls they have purchased.

Click on this link to read Motiv's response: [Motiv Response](#)

Why would this affect Canadian tenpin bowlers?

Basically, there are two reasons,

1. USBC is an equipment and specifications testing facility for World Bowling and as CTF is a member of World Bowling, it has to follow USBC's equipment and specifications.
2. CTF and USBC have a reciprocal average agreement, meaning that each organization will honor the other's averages, if each use the same criteria such as lane certification, equipment specifications (including bowling balls), and rules.

CTF will not be accepting any honour score award applications for scores rolled after March 15th using either of these two bowling balls.

We have discussed this matter with the Rules Department at USBC to make sure that we were on the same wavelength, and we have been advised that there is no grace period for this revocation. Once notice of the revocation has been given, the ball **must be removed from competition**. **Any** scores rolled with either of these two balls after today's date will be considered null and void.

Please. please, please share this news with your leagues and bowling centres.



Pinboys???



And if you want to see a short 3-minute video of bowling in the old days, with pinboys doing their job, follow this link:

<https://www.facebook.com/TeamLygre/videos/987120708048644/>

Canada

THE **YEAR**
OF **SPORT**
2015



LOCAL/PROVINCIAL WEBSITES

Below is a list of local and provincial websites we have on file. Feel free to check out any of the sites from around the country. Many of the sites post results for all of their local events and tournaments.

If your association has a website and it's not listed, please send it to us and we'll add it to the list

British Columbia Tenpin Federation <i>Note: *recently relaunched and renamed*</i>	http://www.bctenpin.ca/
Bowling Federation of Saskatchewan	http://www.saskbowl.com/
Canadian Lakehead BA	http://www.tenpin.org/cltba.html
Capital District BA	http://www.cdtba.com/
Greater Montreal Tenpin BA (under construction)	http://www.quillesmontreal.ca/
Greater Toronto BA	http://www.gttba.ca/
Hamilton District Tenpin BA	http://www.hamiltonbowling.org/
Kelowna Tenpin BA	http://www.ktbatenpin.ca/
Kingston Tenpin BA	http://www.kingstontenpin.ca/
Lambton County Tenpin Association	http://www.lambtoncountytenpinassociation.com/
London & District BA	http://www.ladtpba.ca/
Manitoba Bowling Association	http://www.bowlingmanitoba.ca/
Manitoba Tenpin Federation	http://www.mbtetenpinfed.com/
Mid-Vancouver Island Tenpin BA	http://www.mvitabowling.ca/
Niagara Tenpin BA	http://www.ntba.ca/
Ontario Tenpin BA	http://www.otba.ca/
Regina Tenpin BA	http://www.reginatenpin.ca/
Vancouver & District Tenpin BA	http://www.vdtba.ca/
Windsor Essex BA	http://www.weckba.com/
Winnipeg Tenpin BA	http://www.bowlingmanitoba.ca/
YBOWL - Youth Bowling	http://www.ybowl.com/



Join our Team of Bowling Reporters around the Country!
“Keeping our bowlers connected coast to coast”!

Contact us on Facebook, send us an e-mail, or contact any of our reporters. Be a part of keeping our bowling communities updated on events around the country.

We extend an invitation to all the Local Associations to contact us with news and events from your areas.

Patrick Baylis / Montreal, Quebec / E-mail: commercial440@hotmail.com

Joe Ciach / Toronto, Ontario / E-mail: <joeciach@bell.net>

Charlotte Konkle / Beamsville, Ontario / E-mail: ckonkle@cogeco.ca

Nancy Cobb / Kelowna, BC / E-mail: <nando300@shaw.ca>

Dave Kist / Calgary, AB / E-mail: kist.dave@shaw.ca

Sue Leslie / Lethbridge, Alberta / E-mail: sueleslie@gotenpinbowling.ca

Jim Margueratt / Hamilton, Ontario / E-mail: jim.margueratt@sympatico.ca

Brian McLean / Thunder Bay, Ontario / E-mail: wpbmclean@tbaytel.net

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